

## Wendy M. Copeland, M.A., LPC, ITC

Stonebriar Psychiatric Services, P.A.  
3550 Parkwood Blvd.; Suite #705  
Frisco, Texas 75034

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website: [www.stonebriarps.com](http://www.stonebriarps.com)

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### PROFESSIONAL CREDENTIALS

**Licensed Professional Counselor**, *Texas State Board of Professional Counselors*,  
License Number #17632

**Certified Imago Relationship Therapist**, *Imago Relationships International*



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### EDUCATION

**Post-Graduate Clinical Training**, *Imago Relationships International*; Extensive training in Imago relationship theory and therapy by clinical staff supervised by Harville Hendrix, Ph.D. and IRI Faculty; 2007-2009

**M.A., Counseling Psychology**, Department of Psychology, *University of North Texas*; 2000; *G.P.A.* 3.95

**B.A., Psychology**, Department of Psychology, *Texas A&M University*, 1995  
Honors: graduated *cum laude*, Dean's List, Distinguished Student,  
Academic Achievement Scholarships

**First Year Student, Master's Mental Health Program**, Department of Counselor Education, *Florida Atlantic University*, 1996-1997; *G.P.A.* 4.0

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### PROFESSIONAL WORK EXPERIENCE

2007- Present    **Staff Therapist**; Stonebriar Psychiatric Services;  
Frisco, Texas

- Clinical psychotherapist in an outpatient private practice located in Frisco, Texas which provides psychiatric and psychotherapy services
- Provide quality, integrated therapy services for individuals, families, and couples
- Provide psychological diagnostic evaluations to assess individual, marital, and family treatment needs and to establish formalized treatment plan

- Engage in professional consultation and collaboration with Dr. Tharp, Board Certified Medical Director, providing coordinated care to patients
- Specialization in couples therapy as an Imago Relationship Therapist, providing specific therapeutic tools and processes to facilitate reparative healing, relational connection and growth
- Author informative, educational newsletter articles for practice website and SPS clientele

2006-2008      **Crisis Interventionist;** University Behavioral Health;  
*Denton, Texas*

- Clinician on crisis assessment team serving patients in North Texas hospitals and facilities
- Provided psychological assessments and recommendations commensurate with client presentation, collaborative information, and stated needs
- Provided immediate brief crisis counseling and family intervention
- Interfaced with multidisciplinary team including Care Center staff, administrators, physicians, nurses, and related behavioral health facilities to meet patient care objectives
- Maintained professional licensing and credentialing per state and hospital standards; performed duties to JHACO standards

2001- 2006      **Cognitive Therapist and Counselor;** Pate Rehabilitative Endeavors, Inc.  
*Dallas/Anna, Texas*

- Provided rehabilitative neurocognitive treatment, supportive therapy, and behavioral management services to inpatient, outpatient, and community-based traumatic head injury patients
- Performed clinical interviews, functional assessments and individualized treatment plans
- Collaborated with interdisciplinary rehabilitative team to facilitate comprehensive rehabilitation
- Provided supportive individual, group, and family counseling
- Advocated for clients, seeking maximum opportunities for each individual to achieve the highest level of functional independence
- Clinical team member of a JHACO and CARF compliant facility

2000-2001      **Bereavement Coordinator;** VistaCare Family Hospice,  
*Dallas, Texas*

- Coordinated care for hospice patients' families, including pre-bereavement and bereavement services
- Developed individualized plan of care, based on assessment of psychosocial indicators, disclosed family dynamics and complicating grief factors
- Provided Individual, family, and group counseling per plan of care and fluid family needs, including facilitation of the grief response, grief support, and grief education
- Assisted parents and families with understanding and the unique developmental needs of grieving children
- Educator for hospice volunteers and staff

2000              **Clinician, LPC-I;** Pathways Clinic, Dallas MetroCare Services,  
*Dallas, Texas*

- Clinician on a multidisciplinary team servicing chronically mentally ill adults in an outpatient clinic

setting

- Performed structured psychological assessments (i.e., intakes, re-evaluations, crisis screening, etc.) and implemented individualized care plans
- Provided individual, family, and group therapy services and psychoeducation

1996-2000

**Milieu Therapist/ Mental Health Technician**

Adolescent Program; Seay Behavioral Health Center, *Plano, Texas (1997-2000)*

Pediatric and Adolescent Program; Florida Medical Center, *Ft. Lauderdale, Florida (1996-1997)*

Adult Rehabilitation Program; National Recovery Institute, *Boca Raton, Florida (1996-1997)*

- Assisted in total patient care for the above programs
- Facilitated and/or co-facilitated psychoeducational, therapy, and mutli-family groups
- Provided crisis intervention, administered psychosocial assessments, and related mental health services within a therapeutic milieu
- Worked with specific patient populations, including acute pediatric and adolescent psychiatric as well as inpatient/outpatient adult rehabilitation for chemical dependencies

1996

**Work Adjustment Counselor;** Garland Area Rehabilitation Center,  
*Dallas, Texas*

- Provided work adjustment training and vocational rehabilitation for a caseload of 30 physically and/or mentally disabled adults. Provided vocational training, counseling, education, and job placement for clients

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## PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

*Imago Relationships International, Member*

*Dallas Group Psychotherapy Society, Member*

*American Association of Christian Counselors, Member*

*The University of North Texas Graduate Association of Students in Psychology, Alumna*

*Texas A&M University Association of Former Students, Member*

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## LEADERSHIP/VOLUNTEER EXPERIENCE

2009-Present **Educator and Dallas Leadership Team Member;** A New Way to Love,  
*North Texas Area*

2009 **Children's Ministry Volunteer, Children's Ministry;** Stonebriar  
Community Church, *Frisco, Texas*

2002-2009 **SoulCare Lay Counselor, Leadership Team;** Stonebriar Community  
Church, *Frisco, Texas*

2003-2005 **Home Fellowship Coordinator/Host;** Stonebriar Community Church,  
*Frisco, Texas*

1994-1995      **Research Assistant;** Texas A&M University, *College Station, Texas;*  
Supervisor, Jeff Simpson, Ph.D.  
1993-1994      **Crisis Center Volunteer;** *College Station, Texas*  
1993-1994      **Special Olympics Volunteer;** Brazos Valley Special Olympics,  
*College Station, Texas*

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## **APPLIED EXPERIENCE**

### Counseling and Assessment Externship, Fall 1999 and Spring 2000, Dallas Juvenile Detention Center; *Dallas, Texas*

*Performed integrated psychological and intellectual assessments and subsequent recommendation reports addressing individual psychological, academic, intellectual, familial, and rehabilitative needs.*

*Provided short-term individual and group counseling for adolescent offenders, ages 10 to 17. Diverse population presenting with a variety of psychological and intellectual sequelae.*

### Counseling Internship, Summer 1999, Counseling and Testing Center, University of North Texas, *Denton, Texas*

*Provided brief individual psychotherapy and vocational counseling services for a diverse population of college students representing varied ethnic, religious, and cultural backgrounds.*

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## **FORMER HOSPITAL CREDENTIALS**

2006-2008      **Credentialed Clinician**  
*Presbyterian Hospital of Denton; Centennial Medical Center; Trinity Medical Center;*  
*University Behavioral Health*

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## **WEBSITE ARTICLES & RESOURCES**

<http://www.stonebriarps.com/Newsletter.html>

*Connected Relationship*  
*(Experiencing) Connection and Disconnection in Relationship*  
*Grief Redoubled*  
*Parts of Self: Losing and Becoming Whole Again (Part 1 and Part 2)*  
*Pleasure and Play: An Emotional Allergy Called Pleasure*

*... and more to come*